

## **Q&A with Adam Skinner**

### **What is your favourite sport?**

*Football. But I love them all ha ha  
I can literally watch any of them. And definitely love playing most sports.*

### **What do you think is the weirdest sport?**

*hmmm . Kabaddi is pretty weird. It's an excellent game. It's a bit like British bulldog. But what makes it really unusual, is that you have to hold your breath whilst running over and making a 'raid' on the opposing team. You have to chant 'kabaddi, kabaddi, kabaddi....' over and over. So the referee can see you are holding your breath.*

### **What's the most interesting fact you learnt about while working on Sportopedia?**

*In the early days of ice hockey, the pucks were made of **frozen cow dung!** I wouldnt have wanted to be a goalie in those days ha ha*

### **Have you ever broken a bone?**

*I broke my wrist playing football a couple of years ago. I went up for a header and landed on it badly. It was all bent out of shape an pretty painful. I had to have surgery and 4" metal plate put in oooffff.*

### **Have you got any tips for young people who don't enjoy playing sports?**

*There are so hundreds of weird and wonderful sports the world that there is at least one or two for you! You don't even have to play sports that are really energetic. I mean everyone likes crazy golf and bowling right?*