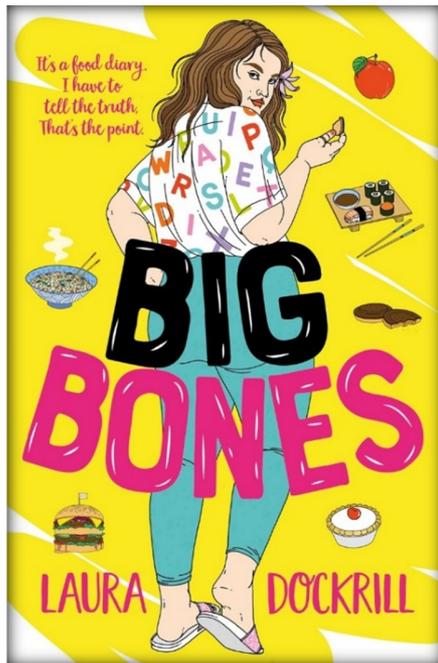


Lovereading4kids Reader reviews of  
**Big Bones**  
By Laura Dockrill

Below are the complete reviews, written by the Lovereading4kids members.



**Laura Solomon**

*Beautifully honest and hilariously relatable, Big Bones details the all too realistic life of BB and her broken family. Savoury in part, sweet on the whole. Sumptuously British with a side of baked beans, Big Bones engages with the next generation whilst keeping superbly in touch with its charismatic and larger than words characters.*

**Edel Waugh**

*The main character of the story is a teenager called Bluebelle, and let me tell you, she is fabulous. I want her as my friend! She has many terrific attributes as well as a loving family and friends, but the bane of her life at*

*the moment is that she is getting pushed to lose weight.*

*Bluebelle is one of those fabulous humans that loves herself, flaws and all and is genuinely happy with herself, how amazing and wonderful is that! When asked by a nurse to keep a diary of what she eats it becomes so much more than that and it is glorious to read. **I loved this character so much, she is a total breath of fresh air, an inspiration and we could all do with taking a lesson from her. I recommend this for every single person.***

**Humaira Kauser, age 19**

***There's not many books like Big Bones or characters like Bluebelle aka Big Bones. But if 2018 will bring anything I want more body positive books like this!** "There's not many books like Big Bones or characters like Bluebelle aka Big Bones. But if 2018 will bring anything I want more body positive books like this!*

*I love everything about Bluebelle from her fashion to her recipes that I may or*

may not have tried (thanks for the tip on how to poach an egg!).  
What I love most is Bluebelle's relationship with her sister, Dove. It's so real and funny; it definitely is a mirror of my sisters and I.  
I mean the cover alone should make you want to read this book but don't judge a book by its cover but by this review; do yourself a favour and just read it!"

**Charlotte Cassidy, age 12**

**A heart-warming book filled with twists and turns at every point. I loved it!** Big bones is a brilliant book about a normal girl called Bluebelle aka BB aka Big Bones) who is overweight. She is perfectly happy with her body, but when she goes to the doctor about asthma, she is given a food diary to try and keep track of the things that she is eating and her weight. When her life takes some unexpected turns, the food diary turns into more of an actual diary. This book records her love life, food life, home life and everything in between. This is a heart-warming book that shows that you should be proud of who you are and that things (good and bad) can happen when you least expect it. It also shows that you can do anything when you put your mind to it, even when you think that it's impossible. I like this book because you can really feel for BB and it actually relates to real life. I think that this is an amazing book aimed at girl's age 12+ who like comedy/relating to real life books.

**Anastasia Abdian, age 13**

**I highly recommend 'Big Bones'. It is a book all teenage girls should read. BB is told to lose weight however, what if she doesn't want to?**

'Big Bones' is a wonderful book, it is about a teenage girl named Bluebelle (Also known as BB), who is told to lose weight and keep a food diary. It has an amazing story and is very unique. It tackles many issues especially with accepting weight and your own body.

**Jasmine, age 13**

**'Big Bones' was difficult to put down, it has not only inspired me but has kept me drawn in and entertained the whole time of reading! BB is such a motivating character, more kids should be like her!**

Wow, this book was so inspiring and motivating, B.B. and her attitude are sure to leave any reader any age in hysterics! This book has made me feel so positive about myself and made me look at any negatives, in a positive way! Such a great read, I recommend 100% for everybody.

**Trinny Sadler, age 14**

**A great book showing the pressures of body image to the modern society.** This book is a lifelike story of sixteen year old bluebell aka bb's food diary on one hot summer. The book is amaizing, I loved how down to earth and optomistic bb is despite all the pressure she is put under to "lose weight" or "get into shape". Blue belle loves her body and doesn't believe that she should be ashamed of her self.

**Jess. age 13 - Rodborough School**

This is a wonderful book promoting positive body image and respecting yourself. This is a very leisurely read, with the story of an ordinary girl with an ordinary teenage life, however she does not hate her self or wish she were different. Bluebelle (BB) is happy with her body even if others are not. This is something to admire and to become ourselves, the whole world is obsessed with body image and how we look and how others perceive us and this needs to change. Too many teenagers worry over their looks and think that their body is wrong, but the perspective of BB shows how we should love ourselves no matter what the media say because there is no wrong way to have a body. This book was a comfort to read and a pleasure to endure, this helped the message get across. The story was written splendidly as you felt that you became friends with Bluebelle and you go on her journey alongside her. This book made me feel more confident in myself and I am positive anyone who reads it will feel the same. The way it was written as a food diary made the story more authentic and meaningful as it comes from Bluebelle herself. **I highly recommend this book, it takes you on a mission to find the confident proud and happy self in everyone.**