

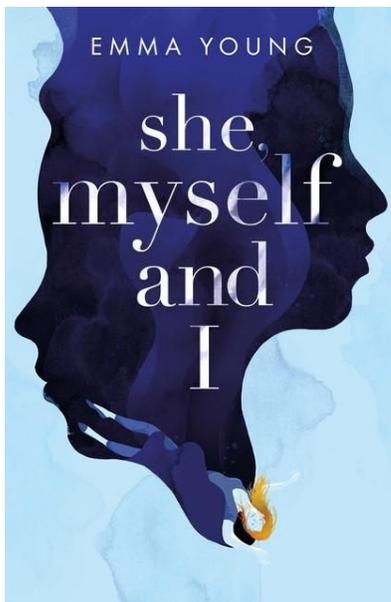
## LoveReading Reader reviews of **She, Myself and I** by Emma Young

Below are the complete reviews, written by the LoveReading4kids members.

**Rebekah Marsh, age 15**

***Wow!!! The book entailed a fabulous and unique concept that had me hooked from the start - mystery, romance, science, it's got it all! Honestly, I could not put it down!***

*The book was so gripping, I was unable to put it down for a mere second! The concept is so unique, and the plot is so cleverly put together that you're always hooked no matter what stage of the story! I love the romance element too! I felt as if I was the individual who had swapped my body for someone who else's - truly powerful.*



**Chloe Shortall, age 21**

*Rosa is a quadriplegic. When a doctor chooses her as the test subject for a new experimental surgery, Rosa has a chance at a new life. The surgery involves a brain transplant, using the body of a girl who is brain dead. This novel deals with Rosa's obsession with knowing more about the girl whose body she now inhabits.*

***I loved this novel. A compelling and page turning read, I found myself unable to put this novel down.***

*Deals with the issues of grief and loss in a unique way that allows the reader to empathize with the*

*characters in the novel. I really enjoyed the stark realistic description of illness and loss. This novel showcases these sensitive topics in a way that doesn't dramatize or sugar coat the reality.*

*I would definitely recommend this novel to those who enjoyed books by John Green and Nicola Yoon.*

**Amy Laws, age 16**

***A really gripping read which brought up and discussed some important ethical issues.***

*This book perfectly balances the medical challenges that Rosa is facing with the fact that she is still a teenager- demonstrating aspects from both sides of her. The story delicately handles a significant medical condition and the treatment of the subject is carefully and delicately done. Although Rosa is in such significantly different circumstances to me, I felt able to empathise with her and therefore became quite invested in her story.*

**Felicity Kerswell, age 15**

***I would recommend this heart-warming book but be warned as Rosa tries to find herself in another's body you will have to read how she overcomes and accepts her situation...***

*I loved this book! The way the character, Rosa, progresses and learns gives you an insight most would never see and think about. The author makes you feel involved with Rosa's feelings and actions. This is not a book I would have normally picked up but I loved it all the same. It definitely worth a read!*

**H, age 15 - Rodborough School**

***'She, Myself and I' is a really interesting, enjoyable book. It explores ideas such as identity through the story of Rosa, who is given the chance of life through a brain transplant.***

*This lets her escape her body which is falling as a result of a nerve disease, and live instead in the body of Sylvia, a girl who is left brain dead after drowning.*

*Now in Sylvia's body, Rosa starts to obsess over the life of Sylvia, in the hope of finding herself. Then, she stumbles across Joe, but as they fall for each other, Rosa is troubled that he doesn't like her for her true identity...but then again, what is her true identity? Accompanied by Joe, Rosa finds herself heading to Sylvia's past in the hope of discovering herself and what her future holds.*

**Humaira Kauser, age 19**

*To be honest I was a bit skeptical in reading this first, especially with the whole brain/ body transplant. But I read on and I think I am glad I did- I'm still not quite sure how I feel about it. I liked Rosa, the main character, sure enough, but there is something about it that I can't quite put my finger on it. **I did like the blossoming relationship of Joe and Rosa and I feel that it would translate well into a film should it ever be adapted.** This book definitely reminds me of 'Faceless' by Alyssa Sheinmel.*

**Neha Saji, age 14**

*'She, Myself and I' by Emma Young, is about a girl called Rosa, who has a life-threatening nerve disease. Then she is thrown a life-line, something very different. To live, but in another person's body.*

*When I first read the synopsis, I was intrigued as to how it would turn out. I thought it would focused on the disease, science-y books are not what I would conventionally read, but it wasn't. Although I'm glad it wasn't, I feel like the book could focus more on the disease and explain it more because I was left confused on many occasions. Even though I had known from the beginning, Rosa, the main character, is having a surgery in which she is going to put into another person's body, it was still hard to imagine how she looked like initially; how the disease had affected her looks - although there was a description. I guess in this way, the book becomes more thought-provoking.*

**It is a book about self-discovery, what makes a person themselves - the body or what's inside.** Rosa barely had a life before, she was not able to go out much or interact with different people, now she does not know who she is or what's real being inside another's body. We sympathise with what Rosa has to go through, and become protective of her character, maybe that is why we learn to love her brother. He seems to be the only one who understands her, and can make her smile with his random, sarcastic phrases.

*Then we are introduced to Joe and things begin to get more interesting. He interviews people to find out their life stories, and is intrigued by Rosa whose story remains a mystery to him.*

**Overall, it is an engrossing read, but maybe because it's confusing. I would rate it 3 out of 5.**

### **Edel Waugh**

*The story takes place for the most part in a hospital in Boston. A young British woman called Rosa is there for very serious and life altering surgery. **This was a terrific story with a very inspiring female lead character.** Rosa is going through unique circumstances in her life and she has incredible mental strength to sustain herself through all that, but going through unique situations also causes unique problems making this story even more facinating . . I think anyone who has had to face incredibly tough times will appreciate Rosa's character, she is very likable and this makes it all the harder when you read what she goes through, **don't read without a box of tissues at hand. I recommend to all.***

### **Raw and beautiful. What an incredible read.**

*What an incredible book! At the beginning I was a little unsure if this book was for me, but after the first chapter I was hooked. The characters and the story felt so real and I felt a part of it. Every happy moment I felt and every sad moment hit me. It is a beautiful book, exploring identity through a situation that no reader has likely experienced but making every raw emotion relatable. It makes you question what makes you, you. Which is more important your brain or body? This book shows that you are who you are no matter what you look like and people will love you no matter what. I hope to read much more of Emma Young's work in the future.*

### **Lola Bridgeman, 20**

**A body that is brain dead and a brain trapped in a failing body is the concept behind 'She,myself and I'. Identity and bodily autonomy are**

***intertwined in this engaging book.***

*She,myself and I' is a neat update on the Frankenstein story-which itself is mentioned in the story-for the modern era. In it, Rosa is suffering from an incurable nerve disease whilst Sylvia, 18, is in a vegetative state following a fall through the ice into a reservoir. Tackling identity when the person in the mirror is not the body you were born into, the opinions of others into messing with things better left to God and more, this is an excellent and moving read for older readers.*